

Flavor from the Island...

TRADITIONAL JAMAICAN MEALS

All meals served with 1 protein and 3 sides. Choose your protein, and then your sides.

ACKEE & SALT FISH	15
BRAISED OXTAIL	19
CALLALOO & SALTFISH	14
CHICKEN	
Barbie-Fry	14
Brown Stew	13
Curry	13
Fried	13
Jerk	13
Jerk (boneless)	14
Wings	13
CURRIED GOAT	14
JERK PORK	14



Choice of sides: Boiled Banana, Yam, & Dumpling / Candied Yam / Cole Slaw / Curried Potato / Fried Sweet Plantains / Kale / Mac & Cheese / Mixed Vegetables / Okra / Pickled Green Bananas / Rice & Beans / Steamed Cabbage / White Rice

SEAFOOD MEALS

All meals served with 1 protein and 3 sides. Choose your protein and then your sides.



CRACK CONCH	23
CURRY CONCH	25
SALMON	20
- Brown Stew / Honey Jerk / Jerk / Sweet & Sour	
SALT FISH	15
SHRIMP	15
- Curried / Jerk / Peppered	
SNAPPER	MKT PRICE
- Brown Stew / Escovitch / Steamed	
WHITING	14
- Brown Stew / Fried	

Choice of sides Boiled Banana, Yam, & Dumpling / Candied Yam / Cole Slaw / Curried Potato / Fried Sweet Plantains / Kale / Mac & Cheese / Mixed Vegetables / Okra / Pickled Green Bananas / Rice & Beans / Steamed Cabbage / White Rice

SIDE CHOICES

BOILED BANANA, YAM, & DUMPLING	6
CANDIED YAMS	5
COLE SLAW	5
CURRIED POTATO	5
FRIED SWEET PLANTAINS	5
KALE	5
MAC & CHEESE	5
MIXED VEGETABLES	5
OKRA	5
PICKLED GREEN BANANAS	5
RICE & BEANS	5
STEAMED CABBAGE	5
WHITE RICE	4

Additional Sides

BAMMY (4)	6
BREADFRUIT (4)	6
FESTIVAL (4)	3
FRITTERS (4)	6



RASTA PASTA

Pasta, Cheese, and Island Vibes Pasta Sauce

CHICKEN	13
MIXED VEGETABLE	10
OXTAIL	17
SALMON	17
SHRIMP	17

VEGETARIAN AND VEGAN FRIENDLY

VEGGIE CHUNKS	13
ITAL STEW	15
Choose any two sides from our Vegan & Vegetarian Friendly side choices	

A VIBE OF THE CARIBBEAN

BAKE & SALT FISH (100% GUYANESE STYLE)	6.75
DHAL PURI 100% TRINI STYLE	
Curried Chicken	12
Curried Goat	14
Curried Shrimp	15
Fish - Curried / Fried / Stew	12
Jerk Pork	12
Oxtail	16
Stew Chicken	12
Vegetable	10

Choice: EXTRA PEPPER

WINGS WORLD 5 PCS	7
FRIED / HONEY JERK / JAMROCK BBQ / JERK / SWEET & SOUR	

CHICKEN SHACK 3 PCS 6 PCS

FRIED CHICKEN	5	8
JERK CHICKEN		
QUARTER		6
HALF		10
WHOLE		20

COMBOS Served with Fries & 12oz Drink

FRIED CHICKEN	3pcs	8
	6pcs	10
FRIED FISH - WHITING		12
JERK CHICKEN 1/4		10
ISLAND VIBES JERK BURGER		13
VEGAN BURGER		13
WINGS		10



SOUP

CHICKEN	SUN & MON	5	8
FISH	WED & FRI	9	12
OXTAIL	TUE, THUR, SAT	9	16

PORRIDGE

CORNMEAL	16OZ	32OZ
	5	9

SALAD

ISLAND VIBES KALE MANGO	10
Made with cranberry, fresh diced seasonal mango, organic kale, organic pumpkin seed, toasted walnut	

GREEN SALAD	9
LETTUS TOMATOES CARROTS PEPPERS	

Dressing Choice

BALSAMIC/ ISLAND VIBES ALOU SAUCE/ RANCH

Add a Protein

ISLAND VIBES JERK CHICKEN	5
PAN-SEARED SALMON	9
SHRIMP	9

